PASTORAL COUNSELING CLINICAL PRACTICUM I
Syllabus for STMC 555

PRACTICUM GROUP ADDENDUM TO THE SYLLABUS
Clinton McNair, STM Faculty

CLASS SCHEDULE - FALL 2010

Sept. 27 Introductions/Expectations/Make Phone Tree
American Association of Pastoral Counselors Code of Ethics **(course pack)**
Faiver, Eisengart, & Colonna (FEC): 1-4

Oct. 4 American Counseling Association Code of Ethics **(course pack)**
FEC: 5 & 6

Oct. 11 Highlights of the 2005 ACA Code of Ethics **(course pack)**
Theological Reflection ---Killen and deBeer, chapter one (course pack)
FEC: 7

Oct. 18 A Practitioners Guide to Ethical Decision Making **(course pack)**
FEC: 8 - 10

Oct. 25 Ethical Issues related to Conversion or Reparative Therapy, ACA **(course pack)**
FEC: 11

Nov 1 AAMFT code of Ethics
(http://www.aamft.org/resources/lrm_plan/Ethics/ethicscode2001.asp)

Nov. 8 WAC State Code
(http://www.doh.wa.gov/hsqa/Professions/hpqalinks.htm)

Nov. 15 Self of the Pastoral Counselor: Source of the New
Bring in brief (one page) write up of an intervention you have tried

Nov. 22 Self of the Pastoral Counselor: Self Care
Bring in an example of how you care for yourself

Nov. 29 Reflections on Ethics, State Code, and Theology
A Reflection Paper is due on the above topic (5-8 pages); See Rubric (Below)
Evaluations: Intern, Group, Supervisor

Note: Please note that during your first quarter of practicum, your outside reading and writing work is kept to a minimum so as to give you time and energy to begin your internship experience. You are likely to have up to ten new client start-ups this quarter; and you will need to do complete case write-ups on all of

them, requiring you to do reviews and research on theory, methodology, treatment planning, and psychopathology; all as a new student to this work. **Please turn in to me case write-ups for all your new clients** whether or not you present that client in class. Feed back will be given to you in the group sessions and individually where needed.

The second quarter and beyond, you are expected to have adjusted to new start up activity, therefore your STM professors may require more academic process and work.

For all appointments please contact Heather Boi at 206-296-2592 or email her at boih@seattleu.edu, Heather is in the office during morning hours only. You can send me an email for other matters mcnairc@seattleu.edu; **be sure to put your name and class number in the subject line.**

Reflections on Ethics, State Code, and Theology : Paper Rubric

	Excellent	Sufficient	Needs Improvement
Knowledge of Ethical Duties			
Understanding of the Roles in Pastoral Counseling			
Creates Innovative Thesis on the Subject			
Integrates Ethics, Code, Theology and Clinical Experience			
Student Uses Own Voice to Critique and Develop Thoughts—Goes Beyond Summarizing Literature			
Use of Literature and Ideas Discussed in Class			
External Literature Support			
Grammar, Spelling, APA, Page Limit (5-8)			

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Syllabus for STMC 555

<u>What follows is the general Practicum Syllabus. Please read it carefully, and note the requirements specifically for Practicum I as described near the end.</u>

PASTORAL COUNSELING CLINICAL PRACTICUM
Syllabus for STMC 555, 556, 557, 558, 559, 560
Practicum Group: Fall Quarter 2009

SEQUENCE DESCRIPTION
This is a Pastoral Counseling/Mental Health practicum. The practicum helps the student to integrate theory and practice with behavioral science and theology/religion. The sequence continues for six consecutive quarters. Each course session is scheduled for four hours. One hour per week will be spent in a special topics didactic. These will include topics such as: WAC state code and professional ethics, psychopharmacology, testing instruments, human sexuality and therapy, therapist self-care, special pastoral psychotherapy concerns, marketing/referral networking strategies, and Integrating Psychotherapy and Spirituality in a Pastoral Counseling Framework. Topics may be shifted or added as the director and PC-faculty determine the need for guidance in the students' clinical growth. In each session, the student, in addition to special topics, will spend three hours per week in group supervision. The student will also spend at least one hour per week (more if required) in individual supervision, case conference, and other structures of supervision. Throughout the six quarters, students carry a caseload of 10-14 clients, with a required 600 hours of face-to-face counseling to be completed by the end of the practicum sequence. Theological reflection informs the practicum. Cultural dynamics and understandings will be an intricate part of the supervision.

In addition to this syllabus, students need to be aware that each faculty of the practica may have an additional section, specifying aspects of the syllabus as it relates to their particular course. Each faculty has their own style of teaching and supervision. This gives students the opportunity to experience different ways of encountering the learning material and broadening the methodology of clinical education. Videotaping of counseling sessions is required of all student interns in the Practicum.

PREREQUISITES:

<u>Personal Therapy</u>

All students in the Pastoral Counseling program must be in their own personal therapy with an experienced therapist who does therapy using the psychodynamic and possibly systems method of treatment, and approved by the PC faculty. Personal therapy is a vital part of the practical training of a therapist. It is an adjunct to supervision that enables the transformation that must take place in the person of the therapist. (See Corey 2005, pp. 19-21) Personal therapy is part of your formation. When interviewing and choosing your therapist, remember that NO STM

students or faculty are permitted to counsel other STM students as it is a dual relationship situation presenting conflicts of interest. Counselors chosen must have at least 10 years experience after licensure. For a list of therapists, please visit the following sites:

- Seattle Counselors Association: http://www.seattlecounselors.org/website/home.htm
- Downtown Seattle Counseling: http://www.downtown-seattle-counseling.com/
- Lutheran Counseling Network: http://lutherancounseling.net/original/index.html

Prerequisite Courses

Students must have completed all of the following prerequisite courses prior to beginning the practicum sequence: STMM 500, 553; STMA 561, 581; STMC 552, 570, 571, 572

Review

The following are texts all students in the Pastoral Counseling program should have encountered in courses leading up to the Practicum sequence. It is therefore expected that all students entering the Pastoral Counseling Practicum sequence have already read the following texts. We encourage you to review these in preparation for starting the Practicum so you can be more ready to integrate the theories with your practicum

Psychopathology & Diagnosis	American Psychiatric Association Staff. (2000). *DSM-IV-TR diagnostic and statistical manual of mental disorders: Text revision* (4th ed.). USA: American Psychiatric Association, Incorporated. ISBN: 0-89042-024-6; 0-89042-025-4 Ciarrocchi, J. W. (1993). *A minister's handbook of mental disorders*. USA: Paulist Press. ISBN: 0-8091-3403-9 Lukas, S. (1993). *Where to start and what to ask: The assessment handbook*. USA: W.W. Norton & Company, Incorporated. ISBN: 0-39370152-2
Integration	Grant, B. W. (2003). *A theology for pastoral psychotherapy: God's play in sacred spaces*. USA: The Haworth Press, Incorporated. ISBN: 0-7890-1201-4 Peck, M. S. (2003). *The road less traveled, set: A new psychology of love, traditional values, and spiritual growth.* USA: Simon & Schuster. ISBN: 0-7432-4315-3
Modalities	Brock, G. W., & Barnard, C. P. (1999). Procedures in marriage and family therapy. (3rd ed). Boston: Allyn and Bacon. ISBN: 0-205-28782-4 Corey, G. (2005). *Theory and practice of counseling and psychotherapy* (7th ed.) (Ch. 2). USA: Thomson Wadsworth.

	ISBN: 534-53605-0 Rothery, M., & Enns, G. (2001). *Clinical practice with families: Supporting creativity and competence*. NY: The Haworth Press, Inc. ISBN: 0-7890-1085-2
Professional Standards & Ethics	American Association for Marriage and Family Therapy. (2001). *AAMFT Code of Ethics*: http://www.aamft.org/resources/lrm_plan/Ethics/ethicscode2001.asp *American Association of Pastoral Counselors. (2005). Guidelines for Membership:* https://aapc.org/content/membership Faiver, C., Eisengart, S., & Colonna, R. (2004). *The counselor intern's handbook* (3rd ed.). Belmont, CA: Brooks/Cole. ISBN: 0-534-52835-X Washington State Department of Health: Health Professionals Quality Assurance. (2006). *Washington Administrative Codes (WACs) for Mental Health Counselors*: http://www.doh.wa.gov/hsqa/Professions/hpqalinks.htm

PURPOSES:

1. To create a safe structure (for clients and students) in which students can experience delivering therapeutic services at sufficient depth to assess their own fitness for and commitment to therapy as a vocation.
2. To provide sufficient intensity of supervision so that every encounter with the process of therapy delivery (in the therapy hour, in supervision, and in administrative structures) can become an opportunity for reflection and learning.
3. To bring the student to awareness of those barriers or deficiencies in their own character structure and/or experiences that interfere with the delivery of quality service so that they may be addressed in clinical work or one's own therapy.
4. To provide sufficient intensity of counseling experience to satisfy graduation, accreditation, and licensure requirements, and to prepare the student for the typical experiences of beginning practice. Specific requirements for licensure or membership by a professional licensing board/body should be explored by the student in conjunction with appropriate program/accreditation body guidelines, and is the responsibility of the student.

OBJECTIVES:

1. To prepare the student, by the end of six quarters, to successfully compete in the psychotherapy/mental health market.
2. To be certified as an AAPC Member Associate. Knowledge of specific requirements and attainment is the responsibility of the student.
3. To have established the foundation for a professional lifetime of continued deepening and broadening of therapeutic ability.
4. Practicum requirements for licensure in the State of Washington.

REQUIREMENTS:
Students are expected to do the following…
Seattle University's *Master of Arts in Pastoral Counseling* (MAPC) requires 600 contact hours of supervised pastoral counseling field education and the successful completion, with a course grade of "B" or higher, of six academic quarters of practicum. Supervised clinical hours are usually defined as "face-to-face" clinical hours with individuals, couples, families, or groups. In order to insure the appropriate continuity and quality of care for your clients, practicum students should be prepared to commit approximately 14-18 clinical hours per week at their practicum site, including those weeks of the year that university classes are not in session. Each practicum student will be given appropriate time off for holidays and vacation, to be negotiated with the administrators of your practicum site and Director of the STM PC Program.

COURSE DESCRIPTIONS FOR EACH QUARTER

STMC 555 Practicum I * Professor: Clinton McNair, PhD
The practicum provides basic experience and training in individual mental health counseling, and marriage and family counseling. Students carry a caseload of 14-18 clinical hours per week as they advance through the six quarters of training. Intense individual and group supervisory experiences in counseling services are an integral part of the course. Also includes didactic seminars on specific clinical and theological topics related to legal concerns, professional ethics. Prerequisites: STMM 553, STMA 581, STMC 552, STMC 570, STMC 571, STMC 572. Students must apply for admission to practice through the Director of Pastoral Counseling.

First hour: Seminar; Topic—Legal concerns, professional ethics, WAC state code

Readings: Course Pack (to be purchased from SUperCopy)
Ethical codes for; ACA, AAPC, and AAMFT *(included in student manual and Course Pack)*
Faiver, C., Eisengart, S., & Colonna, R. (2003). *The counselor intern's handbook* (3rd ed.). USA: Thomson Wadsworth. ISBN: 0-534-52835-X

Second & Third hours: Intake Group supervision; **students present as needed or rotate, presentations about 15 minutes each, allowing about 15 minutes for group feedback and discussion. Each group supervisor may manage this time as the need arises.—Ideal Group size; 5-8 students

Fourth hour: Regular Group Supervision.—Ideal Group size; 5-8

Each student will be doing 14-15 clinical hours per week of internship work in a Practicum site in the community.
INDIVIDUAL SUPERVISION one hour in the clinic; and Administration and other supervision as needed.

Students will be evaluated and graded based on the following criteria:

Criteria for Work with Clients

- Establishment of basic rapport with client
- Basic capacity for effective, reflective listening (i.e., mirroring, active listening, redefining, etc.)
- Capacity for basic empathy
- Beginnings of effective mirroring at both emotional and cognitive levels
- Reliability in fundamental contracting with client (keeps appointments, manages paperwork, returns calls, keeps appropriate records of sessions, etc.)

Criteria for Use of Supervision

- Participates in individual supervision and case conferences by coming prepared with all written requirements
- Makes available a sufficient number of hours per week for case load to appropriately develop skills
- Routinely tapes (audio or video) all counseling hours and routinely makes those recordings available to supervisor
- Learns and accurately performs office procedures
- Demonstrates beginning willingness/ability to integrate supervisory suggestions/interventions/requirements in therapeutic hour
- Demonstrates beginning ability/willingness to expose and utilize countertransferential and other Self-of-the-Therapist issues in supervision